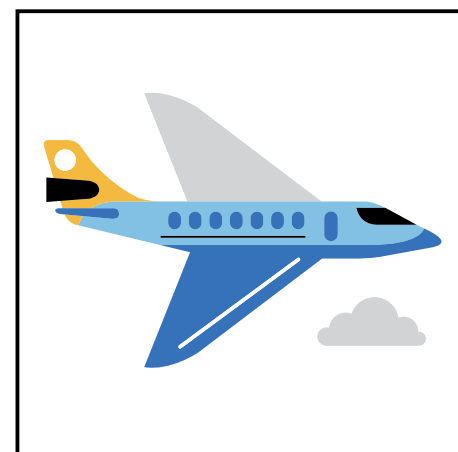# Just Listen

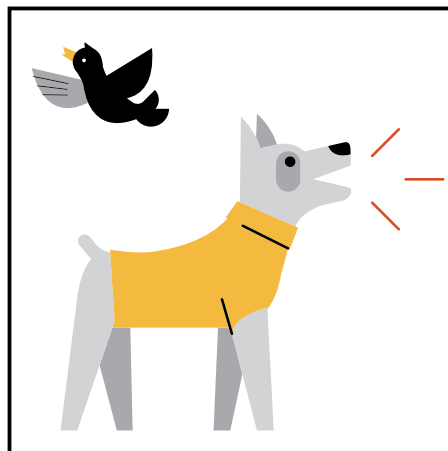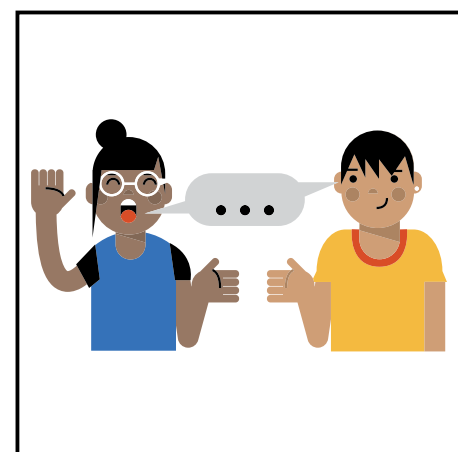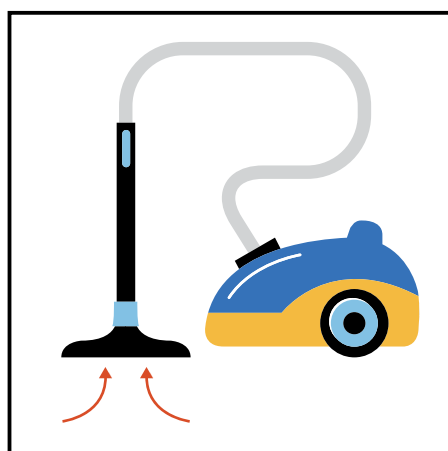**What do I hear far away from me (outside)?**

What do I hear close to me (inside)?

What do I hear inside my body?