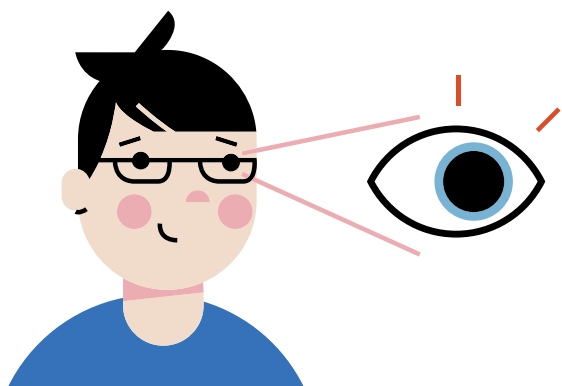


# Calm Place



**Where do you feel  
most relaxed?**

**Imagine you are there.**



**What do you *SEE* at  
that place?**



**What do you *HEAR*?**



**What do you *SMELL*?**



**What do you *TASTE*?**



**What do you *FEEL*?**



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Ontario**

**Santé mentale  
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